



ALPINE CLUB OF CANADA VANCOUVER ISLAND SECTION

Summer - 2006



- A - not strenuous
B - moderately strenuous
C - strenuous
D - very strenuous
Trips are shown below with grading in brackets
- 1 - hiking
2 - scrambling
3 - easy climbing, rope if required
4 - continual belaying, easy holds
5 - leader protection, hardware required
6 - direct aid climbing

Call trip coordinator well in advance to assist with planning. Confirm or cancel by Wednesday before the trip. Vehicle and ferry costs are shared. Please read the "suggestions for participants" on the back of this sheet before joining a trip. Club trips cover a wide range of activities — come and join us on some of them!
Please send any corrections or changes to <holm@telus.net

APRIL

- 16 **Triple Crown-Finlayson to Work**
(no, not THAT 'work'!) Meet Mt. Finlayson Pk Lot @9:00am Rob Eldred, 479-7244
- 15-16 **Wilderness Navigation**
getting lost with map/compass/GPS
Don Cameron 889-2480
- 22 **Mt Douglas hike & native flora brochure launch - public outreach**
Judith Holm holm@telus.net
- 22-23 **Mt. Albert Edward B3**
ski weekend on Forbidden Plateau
Mike Hubbard 370-1096

MAY

- 6/7 **Mt Myra (Strathcona) B3**
Rob Eldred 479-7244
- 7 **Arrowsmith -Nose Route B3/4**
Ice axe, crampons, harness required
Tom Carter 250 954-2345
- 13 **TrailRider Training Mt. Douglas**
Gerry Graham 480-5580
- 13or14 **Mt. Adder**
Barb Baker 250 724-2985
- 14 **El Capitan B2- bike /hike**
Gerta Smythe 478-7369
- 20-22 **Marble Meadows-McBride C3**-ski tour
Rob Heron 250 897-2701
thetrans@island.net
- 27 **Ice Axe Workshop-Cokely** Sandy Briggs 380-3829, Rick Johnson 656-0641, Peter Rothermel prother@telus.net
- 27 **Arrowsmith W Ridge B3/4**
down Nose, Tom Carter 250 954-2345
- 27 **June 3 Mts Lassen and Shasta**
ski ascents-Charles Turner 339 4037
- 27-28 **Wedge Mt N Ridge C3** avalanche awareness/crevasse rescue skills
max 7 Jules Thomson
julesthomson@shaw.ca

JUNE

- 2-4 **Leadership Training**
with ACMG guide Lars Andrews
fee required-Peter Rothermel
prother@telus.net
- 3 **TrailRider hike with the disabled Mt. Douglas**, Gerry Graham 480-5580
- 3-4 **Kings Peak B3**
Rob Eldred 479-7244
- 3-4 **North Sister (WA) B3**
long rock ridge/scramble near Baker
members only Rick Hudson
rickhudson@shaw.ca
- 10 **Old Arrowsmith Trail B2**
from Cameron Lk,
Peter Rothermel prother@telus.net
- 8-11 **Rainier (Sherman Rt) C4**
crevasse rescue/glacier exper.-max 3
Jules Thomson 477-3820
- 11 **"Over the Hills"**
Gerta Smythe 478-7369
- 11 **Crevasse Rescue/Short Roping at Arrowsmith** max 9
Rick Johnson 656-0641

- 17-18 **Big Interior C3** snow route
Russ Moir 477-0070
- 16-19 **Breakenridge (Mainland) C4**
date may vary with weather
John Pratt 477-0933
- 16-19 **Juan De Fuca Marine Trail B1**
a family/child friendly hike Philippe Le Blanc 642 0651
- 24-25 **Mt Welch (Chilliwack Valley) B3**
Martin Davis 361-9622
- 24-25 **Red Pillar C4** 5.6 rock) max 5
Torge Schuemann ts@uvic.ca
- "about" June 30 -2-3 days "Mystery Peak"**
Sandy Briggs agbriggs@uvic.ca

JULY

- 1-16 **Heathens Summer Camp**
ACC members are cordially invited to join in. For car pool info contact Jules Thomson julesthomson@shaw.ca
- 1 **Canada Day 'triathlon'-bike Goose/hike Mt Ash/swim Matheson (row Pacific?)** Gerta Smythe 478-7369
- 1-3 **Mt Moyeha C2** via Thelwood/Myra trail Rob Heron 897-2701
thetrans@island.net
- 8 or 9 **Arrowsmith Nose Route B3**
joint trip with Alberni Valley Outdoor Club Rudy Brugger 250 723-8289
- 8-9 **Elkhorn - ridge to 5.6/7 rock C5**
max 5-Torge Schuemann ts@uvic.ca
- 9 **Cokely (Saddle Rt) B2**
intro to alpine
Peter Rothermel, prother@telus.net
- 15 **Mt Angeles B?C 2**
long day-bike, hike, swim
Sylvia Moser 595 3670
- 15-16 **Grayback Pk (Haite Range) B5**
fun on gently slooped granite,
bolted sports rt - must be comfortable
sport climbing @ 5.8
Christine Fordham bizhelp@telus.net
- 22 **Trailrider hike with the disabled Mt. Wells**
Gerry Graham 480-5580
- 22-23 **Victoria Pk C3**
Rob Eldred 479 -7244
- 22-30 **ACC CENTENNIAL WEEK**
www.horizon.bc.ca/~acc/index.htm
Centennial Trips include:
- 23-30 **Golden Hinde Traverse** (Marble Meadows-Hinde-Elk River) Sandy Briggs 380-3829/Russ Moir 477-0070
- 22-23 **Puzzle Mtn C3**, S Ridge via Camel Ck Sasha Kubicek 478-0487
- 22-23 **Elk R Valley to Landslide L B1**
Cedric Zala 652-5841 czala@shaw.ca
- 22-25 **Slocomb Pk (22-23) C2 and Elkhorn S Colwell) (25) C2**
Peter Rothermel prother@telus.net
- 27-30 **The Golden Hinde via Arnica L C5** see website re climbing options
Rick Hudson rickhudson@shaw.ca
- 27-29 **Colonel Foster (Main Summit) C5**
max3, tbc, Rick Johnson 656-0641
- 28-30 **Colonel Foster (SE Summit) C3/4** via Snow Couloir
Tom Carter 250 954-2345

- 29-30 **Elkhorn Mt ffg the 1912 route C4**
Lindsay Elms 250 792 3384
- 29-30 **Kings Peak B3**
Charles Turner 250 339-4037

AUGUST

- 4-7 **Bedwell L area "Big 1-Nine or Tom" B3** Claire Ebendinger 652-1509
- 5-7 **Mt Adams C3** South Ridge
tag a volcano, Shawn Hedges
shawn.hedges@shaw.ca
- 6or13 **Mt Angeles**
bike/hike -Mike Hubbard 370-1096
- 12-13 **Victoria-Warden B3**, 'bag the queen & consort-ACC members only Rick Hudson rickhudson@shaw.ca
- 12-13 **Mt. Septimus C3**
max 6 Mike Morley 382-4363
- 13 **Mt Cokely from Cameron Lk B2 & poss Arrowsmith via Nose C3**
Tom Carter 250 954-2345
- 19 **Mt Moriarty from Labour Day Lk B2**
Peter Rothermel prother@telus.net
- 20 **Beauforts & BBQ B2**
Mt Curran to Joan traverse - swim
Horne Lake-Tony Vaughn 380-9046
- 25-28 **Jumbo Pass (Monashees)**
meet in Invermere
Mike Hubbard 370 1096
cell 888 8370
- 26-27 **Three Fingers (Cascades) B2**
classic peak Sylvia Moser 595 3670
- 26-Sept 2 **Sorcerer Hut (Selkirks)**
waiting list-Gerta Smythe 478-7369
- 27 **Rock Climbing (made easy) B2**
Nanaimo River Gorge
harness/helmet/ATC, Shawn Hedges
shawn.hedges@shaw.ca
- 27-28 **Triple Peak B2 and C3** Hike to 2nd lake then up to summit for dessert if wanted. Barb Baker 250 724-2985

SEPTEMBER

- 2-4 **Jumbo Pass II B3** poss glacier travel
Mike Hubbard 370-1096
- 2-4 **Tom Taylor C3**
max 6-Rick Johnson 656-0641
- 9 **TrailRider hike with the disabled Mt. Finlayson.**
Gerry Graham 480-5580
- 9-10 **Steamboat B/C2**
Tony Vaughn 380-9046
- 15-17 **Septimus C3**
Rob Eldred 479-7244
- 17 **Arrowsmith Judges Route B2**
Peter Rothermel 250 752-2529
- 23-24 **Warden Pk, C3**
Jamie Duncan 995 1650
- 30-Oct 1 **Mt Drabble B2**
hike/camp
Sandy Briggs 380-3829

OCTOBER

- 6-9 **N Sutton Range B3**
various poss pks, Cain, Abel, Hapush
Rick Eppler 652-5155
- 14 **Arrowsmith-Peter's Birthday Bash-**
Peter Rothermel prother@telus.net

ALPINE CLUB OF CANADA

VANCOUVER ISLAND SECTION

ACC — VANCOUVER ISLAND SECTION HOME PAGE

www.horizon.bc.ca/~acc/index.htm

ACC — NATIONAL CLUB HOME PAGE:

www.alpineclubofcanada.ca

SUGGESTIONS FOR ALL PARTICIPANTS:

In the interests of safety and enjoyment, please:

1. Ensure that your membership is current. Prospective members are welcome and encouraged to come out on about 3 trips before joining. This gives you a change to meet other people in the club and see what the trips involve.
2. Talk with the trip leader to see if the trip is appropriate for your abilities.
3. Bring personal first aid supplies and adequate equipment. The leader can advise you about obtaining equipment.
4. Learn about the proposed route.
5. **Sign the waiver form.**
6. Advise the trip leader if you have a relevant medical condition(s) when registering for the trip. Share this information with the group at the start of the trip.
7. Share expenses.
8. Respect decisions(s) of the leader.
9. Contact the trip leader by 9 p.m. three or four days prior to the trip. Most of the trips are full by this time, so it is advisable to phone earlier. If you need to cancel, call the leader as soon as possible.
10. Only paid-up members are covered by the Alpine Club of Canada's liability insurance.

MEMBERSHIP

WELCOME! THE BASIC FEE is for membership in three organizations:

- Vancouver Island Section of the Alpine Club of Canada (ACC)
- National level of the ACC
- Federation of Mountain Clubs of British Columbia (FMCBC)

Our local section offers mountaineering trips, a variety of social events, and publishes quarterly newsletters and an annual journal of the previous years mountaineering trips *'The Island Bushwhacker'*.

The National membership entitles you to the following:

- quarterly national newsletters
- affiliation with Union Internationale d'Association Alpinistes (UIAA)
- member rates on ACC publications and maps
- member rates at the Canadian Alpine Centre at Lake Louise
- access to all nationally run camps
- programs and treks
- comprehensive liability insurance while participating in ACC activities

Through the FMCBC we have a stronger voice to deal with issues common to outdoor groups (eg. environmental and access concerns).

ACC FACILITIES UPGRADE: Choosing a facilities upgrade with your ACC membership entitles you to member rates at all ACC huts and the Canmore Clubhouse. In addition you are entitled to 6 month advance booking privileges to ensure there is space in your favourite hut.

CANADIAN ALPINE JOURNAL: The CAJ has been published annually since 1906 and features excellent articles and photos describing the achievements of Canadian climbers around the world. It is wonderful reading.

COMPLETE UPGRADE: Choosing the complete upgrade entitles you to all the benefits listed above at a reduced rate.

	ACC VI Basic Fee (includes FMCBC)	for CAJ add	for ACC Facilities add	for CAJ & Facilities add	Basic, CAJ & Facilities Total
Single	\$56	\$26	\$20	\$40	\$96
Family	\$76	\$26	\$40	\$58	\$134
Juior	\$41	\$26	\$20	\$40	\$81

Note: The fees shown above are as of Apr. 2006. Please check the National website to see if there are any changes.

CONTACT US:

OUR WEBSITE: <http://www.horizon.bc.ca/~acc/index.htm>

CHAIRPERSON: Jules Thomson <julesthomson@shaw.ca>

MEMBERSHIP: Phee Hudson <pheehudson@shaw.ca>