



ISLAND BUSHWHACKER

THE ALPINE CLUB OF CANADA • VANCOUVER ISLAND SECTION

MISSION ACCOMPLISHED

Congratulations to ACC-VI Section members Karun Thanjavur and Shawn Daniels who were part of Team “Rise Above Barriers” that successfully assisted Pippa Blake reach Everest Base Camp (5364m) on November 14th, 2007 at 1:06pm. Pippa has Multiple Sclerosis (MS) and is in a wheelchair.

The Rise Above Barriers Society is an organization focused on rising above the barriers experienced through physical disability. It was formed in order to research, plan and implement this trekking journey in the Nepal Himalaya with a person living with a disability.



Photo: Jon Misovic

An amazing team from both Canada and Nepal safely moved with Pippa across the difficult, steep, and ever-changing terrain to reach base camp.



Photo: Jon Misovic

The entire team arrived at Everest Base Camp with Pippa. This is notable, since over a quarter of the team became ill at some point during the long journey. It is amazing what can be accomplished by a group with a common goal and vision.

In November of 2007, using a modified wheel chair called the TrailRider, Pippa and the Rise Above Barriers Team (Team MS Fits) successfully completed the three week round trek to Mt. Everest Base Camp and back.

For the past two years, ACC-VI members have been volunteering in a similar program using the Trail Rider offered by Recreation Integration Victoria (RIV) to assist people with disabilities enjoy the outdoors around Victoria.

Read more and visit the photo gallery at:
<http://www.riseabovebarriers.com>

VANCOUVER ISLAND SECTION
of
THE ALPINE CLUB OF CANADA



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ISLAND BUSHWHACKER

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ACC National website:
<http://www.alpineclubofcanada.ca>

ACC VI Section website:
<http://accvi.ca>

The Island Bushwhacker is published 4 times a year by the Vancouver Island Section of the Alpine Club of Canada.

Deadline for the next Bushwhacker is:
Saturday, February 9, 2008
Send submissions to: rlmoir@telus.net

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ACC NATIONAL BOARD MEETING REPORT

October 2007 – Canmore, Alberta

by Russ Moir



A positive experience from a sceptical 'committee' person. The meeting was helped along by a very well organised operation by the staff at National office and the volunteer executive of Cam Roe (chair) and Peter Muir (sec). In other words I came away feeling that the National DID have a great stake in what we try to do on the Island and is a worthy operation to work alongside of us. I left with the conviction that at a National level we need a voice to gather all the diverse problems/strengths and idiosyncrasies into one basket held by a pretty intelligent /committed group of individuals. That's a novel reaction from me to a 'committee experience'. Now, *briefly* a digest of the proceedings!

Request from Secretary that Section newsletters be sent electronically to ACC VP's and other Section reps and Gazette editor.

Section comments

- Vancouver reported Club Tread are big 'competitor' for hiking
- members through their operation of "Wiki" site which gives people on-spot trips at last minute
- "sort of led" by whoever puts info on Wiki site-upwards of 800 'new participants'/month in Vanc area !!

Sports Climbing Section

- headed by dynamic Dave Dorian
- well established now with regional and national volunteer coaching staff-team selection
- sponsorship coming in to support travel to international competition
- drawing in increasing numbers of 'younger set'

- Section is affiliated with Sports Canada, which sets governance of Section re 'anti-doping' etc.
- ACC hosting International Sports Climb competition in Montreal next Fall

Exec reports

Secretary (Peter Muir) prompted on Reportable Incidents

- need for quick info to Canmore
- see Calgary Section's protocol on their web site for info.

Treasurer

- increased income in 2007
- a lot due to hut revenues
- a 'paper' surplus this year(2007)
- projected deficit of c\$19,000 in 2008 if all 'projections' come through as forecast
- discussion on what to do
 - a) cannot technically put 2007 revenue to 2008 budget (can't remember why)
 - b) cut back on projects etc in 2008
 - c) pay from invested funds
 - d) increase fees/ reduce costs
- Agreed to have Exec committee look at options
- decide and bring to next meet

National Leadership Program

- active younger groups going through
- funded from National and MEC

Access & Environment

- chair reported no response from questionnaire sent re access/envir concerns
- will repeat request asap, hoping for input
- Dave Foster came across as focused leader on this
- explained some moves re access back east and will make approach to Timber West from National level if we want help re Cottonwood (I will follow up on this)

Environmental impact

- new policy being drafted
- judged on Leave No Trace Canada principles, the ACC matches up well (see web for details)
- Brad Harrison and others ACTUALLY going to Victoria to lobby Minister on new Forest MTSA legislation
- it may have negative effect on GMC operations
- at least they're getting views across!!

Huts

- extensive refurbish of Fairy Meadows with dynamic volunteer helpers
- I saw this at work on Fay Hut rebuild!
- problem still exists with access along Kinbasket (road still out, likely a while before repaired)
- David Toole (facilities) requesting volunteer help for proposed renos next year (see Gazette)

Mountain Culture

- new CAJ editor is Sean Issac (big guru ice climber)
- articles from Sections asked for.

GMC

- likely that 16+ will be allowed next year
- otherwise see National Policy on underage participants from web site (Mtn Safety)

Finally, National office distributed several free copies of 2 mtn books and some booklets for handing out within Section-I carried back as many as I could.

Many people came up and offered condolences to our Section and to Judith on the loss of Viggo. He'd obviously made a fine impression at the meetings he attended as our National rep in last 1½ years.

Finally, Rob Brusse of Vancouver Section expressed keen interest in doing a 'combined' trip with VI section 'somewhere' on the Island. I said I'd talk it over with 'the folks back home'

Russ

VANCOUVER ISLAND QUALIFIERS OR IQ

by Lindsay Elms

I am up-dating the list of all those who have their IQ with the date of completion. If there are any omissions please email me with your name and date. It also sounds like we should have a couple of aspiring IQ'ers by the end of next year. To receive your plaque, please send your name and the date of your climbs to the club's executive committee upon completion.

There are nine peaks on Vancouver Island that consist as the Island Qualifiers and they are:

The Golden Hinde	2200m
Elkhorn	2166m
Victoria Peak	2163m
Mount Colonel Foster	2135m
Mount Harmston	2009m
Warden Peak	1969m
Rugged Mountain	1861m
Nine Peaks	1847m
Mount Septimus	1941m

The following is a list of those who have achieved their IQ:

Rick Eppler	1987
Don Berryman	1987
Rob Macdonald	1987
Wendy Richardson	1988
Sandy Briggs	1988
John Pratt	1990
David Routledge	1993
Julie Henderson	1993
Charles Turner	1993
Gerta Smythe	1995
Greg Gordon	1996
Ian Brown	1996
Margaret Brown	1996
Doug Goodman	1996
Gerhardt Lepp	1998
Lindsay Elms	1999
Tak Ogasawara	2000
Peter Rothermel	2004
Tom Carter	2006
Valerie Wootton	2006
George Butcher	2007
Ken Wong	2007



Photo: Martin Smith

Pinder Peak SW aspect and route from the bottom of the south bowl.

PINDER PEAK ACCESS

by Martin Smith



Island Alpine and Hiking Trails III both describe access to Pinder Peak from “Apollo Road”.

Tony Vaughn and I went up there in September and were unable to find what is indicated as a major feature, although we did note a badly overgrown, eroded and un-drivable spur about where it should be. Instead we recommend approaching the mountain as follows:

From the Zeballos turn-off from Highway 19 drive about 7 km and turn right at a signpost for Atluck Lake. This is Atluck Main. Follow this road to and then around the lake. Pinder Peak dominates the view at the west end of the lake. Once around the lake, watch for a road turning off left and signed Artlish Main. Set your trip meter to 0 here and take this road. Drive exactly 4.4km to the logging

spur you want. Note that a few hundred metres before reaching your turn, a road labelled AR0600 breaks off left. There is no label at your turn but as of September 2007 plenty of pink flagging wrapped around a wooden post. Your main guide should be the distance travelled from the Atluck/Artlish junction. A high clearance 4WD vehicle is needed beyond this point.

Drive up the spur 2.8km negotiating many deep cross ditches to the point in a patch of old growth where a log has been felled across the road as a warning that the bridge ahead has been removed. Park here.

Walk up the rest of the road to the usual pile of logging slash at GR 9U 0647265/5561153 (NAD27). Access to the alpine from here is in a generally northeasterly direction following the course of the creek that drains the small south-facing bowl under the Pinder/”Horn” col.

The summit is best reached from the bottom of this bowl and up a south-west face or an adjacent gully on the extreme left of the summit block. NOT

from the top of this bowl and up the SE ridge as indicated in Island Alpine. IA does show the correct route but describes it incorrectly as the SE ridge.

From the summit we could see quite clearly a lighter green streak one drainage to the south of our route that indicates where Apollo Road used to be. The overgrown spur we had spotted off Artlish Main was indeed Apollo. The guidebooks are out of date - as is the road. It’s impractical to all intents and purposes.

Later correspondence with Lindsay Elms indicated that access via “AR0600” would also appear to go, although it starts you off much lower than our route.

Full details will appear in the next Bushwhacker Annual and are also available on-line at <http://www.summitpost.org/mountain/rock/338468/Pinder-Peak.html> and <http://www.summitpost.org/trip-report/343037/exploring-northern-vancouver-island-pinder-peak.html>

WILLIAM (BILLY) WASBOROUGH FOSTER 1875 – 1954

First VI-ACC Chairperson 1912 - 1915

by Lindsay Elms

William (Billy) Wasborough Foster was born in Bristol, England in 1875 and educated at Wycliffe College, Stonehouse, Gloucestershire from 1887 to 1889. In 1892 at the age of seventeen Foster immigrated to Canada to work as an engineer for the Canadian Pacific Railroad in Revelstoke. In 1905 he became a Justice of the Peace and then in 1908 the Police Magistrate in Revelstoke. Foster entered the Parliament of British Columbia as Deputy Minister of Public Works in 1910. It was under his energetic administration that British Columbia gained a Dominion-wide reputation for the efficiency of its high-way system. In 1913 Foster was elected a member of the B.C. Legislature.

Then came the first Great War, and he enrolled for service as Captain Foster of the Canadian Mounted Rifles. He became an infantry battalion commander in 1917, and in 1918 he had, as a Brigadier, the proud distinction of leading the Canadian Army into Mons. After four years service in France, Foster returned to British Columbia with three wounds and five 'mentions'. Few Canadian soldiers have had a more distinguished career than Brigadier Foster. He received the Distinguished Service Order (D.S.O.) with two bars, the Military Cross and both the French and Belgian Croix de Guerre and is said to have refused the Victoria Cross (V.C.) for gallantry when commanding the 52nd Ontario Battalion on Paschendaele Ridge, requesting that it should go instead to one of his officers. It is not for nothing that a man is given such distinctions by three grateful countries. After the War, Foster visited his old Wycliffe College and gave the school the "Foster Rifle" for competition for the best shot.



Photo: Lindsay Elms

The view of the 1000m east face of Mt. Colonel Foster from Landslide Lake.

On his return to Canada he was appointed Honorary Colonel of the 15th Battalion Canadian Artillery and became President of an engineering firm. He was also the Honorary Aide-Camp to three Governor-Generals, President of the Canadian Legion, the Canadian National Parks Association and the Alpine Club of Canada from 1920 to 1924.

In 1935 he was appointed chief of the Vancouver City police department and on one occasion entered unarmed a building in which a gang of armed criminals had taken refuge, and personally arrested them. In 1937 Brigadier Billy Foster returned to Europe in charge of a large Canadian contingent which was attending the dedication to the Canadian War Memorial on Vimy Ridge. He again visited Wycliffe College where he was the Guest of Honour on Speech Day.

At almost sixty-five years old, Foster again served his country during World War II. He was appointed chairman

of the Canadian Officers' Selection Board and later was promoted to the rank of Major-General in charge of the Northwestern area of Canada. For his services he received the Companion of the Order of St. Michael and St. George (C.M.G.) With the ending of the war in 1945 he was asked to become head of the British Columbia Hydro-Electric Power Commission, a post he held until 1953, in which he was largely responsible for many great engineering projects which gave cheap power to British Columbia.

However, it was as a mountaineer that Billy Foster first gained national and international fame, when in 1913, with Albert MacCarthy and Conrad Kain, he made the first ascent of Mount Robson, the highest peak in the Canadian Rockies. Thirteen years later in 1925 he made the first ascent of Canada's highest mountain, Mount Logan, with Albert MacCarthy, Allen Carpe, Norman Read, Fred Lambert and Andy Taylor. Although he will



Photo: Stuart Thomson

Chief of Police, "W.W. Foster", 1935
from the City of Vancouver Archives

be remembered for those two ascents, he is also remembered on Vancouver Island as the man who initiated and organized the logistics, during the winter of 1911/12, for the Alpine Club of Canada expedition to the newly established Strathcona Provincial Park. This expedition, led by Edward Wheeler, made the first ascent of the Strathcona Matterhorn in August 1912 which they christened Elkhorn Mountain. Unfortunately, Foster couldn't participate in the climb, but in his honour they named a peak near the head of the Elk Valley after him. Mount Colonel Foster is perhaps the finest mountain on Vancouver Island for technical climbing and seen some of the worlds best climbers attempting its summit. From 1912 to 1915 Foster was the first chairperson for the newly formed Vancouver Island section of the ACC and in 1934 he was awarded the Silver Rope Award for Leadership from the ACC. Foster was also on the Executive Committee of the Revelstoke Mountaineering Club which was formed in 1909 through the efforts of Reverend James Robertson.

William Washborough Foster died in Vancouver on December 2, 1954 at the age of seventy-nine leaving behind his wife, three sons and two daughters. At the time he was the Honorary President of the Alpine Club of Canada and the club said he was the man most deserving of a book on his life.

At Wycliffe College in England, Major-General William Washborough Foster is one of their most distinguished and most-to-be-admired of all Old Wycliffians, while in Canada, Foster is more than just a distinguished soldier. An editorial in the *Vancouver Sun* said: "General Foster had every manly quality to command the respect and willing obedience of his officers and the admiration of the public. In addition he possessed that subtle presence by which a gentleman may be identified. ...All who knew him are proud to do him honour."

"UP-YOUR-PEAKS" CHALLENGE REMINDER!

by Lindsay Elms

Every one likes a celebration: a birthday, Christmas, a wedding anniversary, or the opening of a new store, to the first moonwalk. But how we celebrate is different. A birthday can bring friends together for a party; a wedding anniversary can be a quiet, romantic dinner for two; the opening of a new store might have big opening day bargains and discounts, but how does a mountaineering club celebrate 50 years of activities. One might say by having a special dinner somewhere or by even climbing a mountain! Well, in 2008 the Island Mountain Rambler's of Nanaimo is going to have been functioning as a club for 50 years and they want to do something to celebrate that fact.

The Island Mountain Ramblers was founded in 1958 by Syd Watts of Duncan and Harry Winstone of Crofton. Both were young, active members of the Vancouver Island section of the Alpine Club of Canada, however, they found there were too many scheduled Alpine Club trips off the island. Both Watts and Winstone loved the beautiful mountains the island had to offer

and they wanted to explore what was right outside their back doorstep so they formed a new club. They encouraged other like minded climbers to join them and were soon organizing and leading trips all over Vancouver Island. There was no animosity between the two mountaineering clubs and in fact many were members of both. Unfortunately, Winstone never got to see the club grow and to follow its members pushing the boundaries of climbing as the clubs numbers grew and attracted spirited young climbers. Harry Winstone died in a mountaineering accident on Argus Mountain near the Comox Glacier in the summer of 1959.

In the late 1960's as climbing techniques changed and equipment became lighter and more advanced, the Island Mountain Rambler's attracted a core of young climbers whose boldness led a surge of new routes on the island's mountains. Mount Colonel Foster at the head of the Elk River valley had been repelling serious climbers for the past twelve years. Although the Southeast and Southwest Summits had been climbed the higher main summit in the middle of the massif was still untouched. Mike Walsh, a young member of the Island Mountain Ramblers, went into the mountain on his own in July 1968 as a reconnaissance for a later trip, however, although conditions weren't perfect, his mental aptitude was at its peak and the summit soon surrendered to his solo advance. Mike Walsh considered his ascent "a foolhardy foray." Not only had he completed the climb on his own, but he had done it without rope or pitons. Over the next couple of years Walsh teamed up with several other strong young rambler's, Bill Perry and Joe Bajan, and made the second and third ascents of Mount Colonel Foster and completing a traverse of all of its six summits. Even today, Mount Colonel Foster still has the aura of being a difficult mountain and only receives one or two ascents a year. Walsh, Perry and Bajan formed a strong team and between them many

difficult climbs were made. Bajan soloed the dramatic East Face of Mount Colonel Foster and made its first winter ascent; put a route up on the North Face of Elkhorn, the island's second highest mountain, as well as its first winter ascent; and attempted the North Ridge of the Golden Hinde, the highest mountain. Walsh and Bajan climbed the Snowband Route on Colonel Foster which had in 1955 repelled Ulf and Adolph Bitterlich, two brothers who were known for their rock climbing abilities, while Perry and Walsh made first ascents of some of the rock spires in the MacKenzie Range. Another young climber who teamed up with Walsh, Perry and Bajan was Ron Facer. In 1964 Ron Facer, Barrie McDowell and Steve Todd, who were all teenagers at the time, made the first ascent of a spectacular unnamed peak at the head of the Elk River. After returning to Nanaimo, they talked about their climb to Rambler members and it was suggested that they write a letter to the governing body recommending this peak be named Rambler Peak after the club, the Island Mountain Rambler's, which all three were members of.

There were other climbers in the Island Mountain Ramblers that were also leaving the mark. Ralph Hutchinson, a Supreme Court Judge in Nanaimo, who not only made climbs of some the difficult peaks on the island, was also making first ascents in other far away places. In 1959 he made the first ascent of Garrulous Peak and Mount Raleigh in the Coast Mountains and then in 1961 he climbed Mount McKinley in Alaska. This was the first all Canadian ascent of the mountain. Other expeditions were made into the mountains on the BC/Alaska border and the Mount Waddington area and Hutchinson was one of the climbing leaders in the 1968 Yukon Alpine Centennial Expedition and made the first ascent of Mount British Columbia. Hutchinson then teamed up with Joe Bajan and Mike Walsh in 1975 on an expedition to Afghanistan and then in 1978 to Peru.

The Judges Route on Mount Arrow-smith is named after him. Another active climbing leader is Tom Carter who organizes and leads treks to Nepal and has taken several club members on hikes in that beautiful country.

However, while there were these strong, determined climbers in the Ramblers making their marks locally and abroad, there were others happy to climb many of the mountains the island has to offer. The Island Mountain Ramblers came up with two lists of "lifetime objectives:" sixteen trails for hiking and twenty peaks for climbing. Although not difficult, to achieve this goal meant spending many summer weekends hiking and climbing and many of the club's scheduled trips focused on these objectives. Very few have achieved their "lifetime objectives" but one who has is John Cowlin of Victoria. John and his wife Doreen joined the club not long after it was founded and started completing all the required hikes, however, of the climbing list John only managed to complete eleven of the mountains before retiring but John and Doreen have climbed many more than the twenty on the list. They have been two of the backbone people involved with keeping the Ramblers functioning and encouraging others to get into the mountains.

In 1983 the Island Mountain Rambler's celebrated 25 years as a club and came up with the "Up Your Peaks." The challenge was to try and ascend 25,000 vertical feet or more in 1983 and the peaks had to be over 5,000 feet. The list had to be submitted to the committee at the end of the year and a commemorative document was given as well as a free copy of book called The History of Mountaineering on Vancouver Island. It was a huge success with 75 people achieving the objective. While most climbed their 25,000 feet some took the challenge "seriously" and the greatest total was recorded by Scott Larsen of Courtenay with nearly 62,000 feet. The award

document was assembled by Bob Tustin, long-time Timberline Tales editor and (at least) two-time club president.

So, now that the club is reaching 50 years it is again celebrating with the challenge of "Up Your Peaks," but the stakes have been doubled. This time the objective is to climb 50,000 feet, but the club has gone metric and the figure is 15,000 vertical metres. To put it into perspective, that would mean roughly climbing Mount Everest twice (actually you wouldn't have to go all the way to the top the second time!) But for us islander's this means 10 mountains over 1,500 metres. However, participants have two years to complete the objective: 2007 and 2008. The challenge is not only for Island Mountain Ramblers but it is open to anyone who wants to climb (VI-ACC, VOC, The Heathens and Joe Public.) Of course they would love to have participants join the club but the only stipulation they have asked is for the climbers to have witnesses sign each climb. Solo ascents – well they'll take your word.

For more information go to the Federation of Mountain Clubs of BC website: <http://www.mountainclubs.org/> and follow the links to the Island Mountain Ramblers. The climbing list has to be sent to the: Island mountain Ramblers, P.O.Box 691, Nanaimo, BC, V9R 5M2. The club also has a full list of island peaks over 1,500m available. Results will be scrutinized and participants recognized at the IMR's fall (October) meeting in 2008. So start making a list of the climbs you made this year and build on it with next years climbs. There might even be a celebratory dinner to restock your carbohydrates after the IMR's fall meeting followed by a few beers!



FROM THE SECTION LIBRARY

Judith Holm, Section Librarian



Thank you to Don Berryman, who has donated all the following books to the Section Library. Those which are already in the library will be available at this year's AGM, for members who would like to take them.

AAC & ACC Climber's Guide, *The Rocky Mountains of Canada North*, 1974

AAC & ACC Climber's Guide, *The Rocky Mountains of Canada South*, 1979

Bass, Dick & Frank Wells, *Seven Summits*, 1986

Beckey, Fred, *Cascade Alpine Guide, Rainy Pass to Fraser River*, 1981

Beckey, Fred, *Cascade Alpine Guide, Stevens Pass to Rainy Pass*, 1977

Beckey, Fred, *Cascade Alpine Guide, Columbia River to Stevens Pass*, 1979

Bishop, Graham, *The Mount Aspiring Region*, 1981

Bonington, Chris, *The Everest Years, a Climber's Life*, 1986

Burgess, Al and Jim Palmer, *Everest Canada, the Ultimate Challenge*, 1983

Carlstad, Rich and Don Brooks, *Rock Climbing Leavenworth and Index, a guide*, 1976

Daffern, Tony, *Avalanche Safety for Skiers & Climbers*, 1985

Daweritz, Karl, *Klettern im sachsischen Fels*, 1983

Dowling, Phil, *The Mountaineers, Famous Climbers in Canada*, 1979

Kenny, Anthony, *Mountains, an Anthology*, 1991

Kruszyna, Robert & William Putnam, *Climber's Guide to the Interior Ranges of BC South*, 1977

Logan, Hugh, *The Mount Cook Guidebook*, 1982

Rebuffat, Gaston, *Starlight and Storm, Great North Faces of the Alps*, 1999

Schaffer, Jeffrey, Ben Schitrit, Thomas Winnnett, JC Jenkins, *The Pacific Crest Trail, Volume 1: California, 1977 and Volume 2: Oregon & Washington*, 1979

Wood, Rob, *Towards the Unknown Mountains*, 1991

ANNUAL GENERAL MEETING

Our AGM will be held at Mt. Washington January 25th, 26th, 27th for a fun weekend of skiing. Join us in two chalets, a pot-luck dinner on Saturday, January 26th. Stay two nights, Friday and Saturday evening for \$44.00 total. The AGM will be held after the pot-luck dinner on Saturday evening.

Please contact Jules at julesthomson@shaw.ca to register. Payment in full by January 3rd, 2008. Mail a cheque or money order made out to:

ACC
c/o Jules Thomson
1251 Pearce Crescent
Victoria, BC, V8X 3S8

Information wanted

I am hoping someone might know the whereabouts of family of the following two chair persons of the VI-ACC: C.T. (Tom) W. Hyslop who was chair in 1962 and Karel Hartman from 1981 to 1983. Please contact Lindsay Elms at beyondnootka@shaw.ca

2007 ISLAND BUSHWHACKER ANNUAL

Submission Deadline – January 31, 2008

Trip leaders or members are encouraged to submit articles with photographs about their adventures in the mountains for publication in our 2007 Annual. We want to have as many 2007 Trips, Climbs and Expeditions recorded as possible. We also welcome member poetry and artwork related to the mountains. In the event that we receive too many submissions, articles about the Section's scheduled events may take precedence. Please be sure to send your submission before the deadline.

Your submission must have a title and author's name; pictures must have a caption indicating location and identification of the feature (if relevant) and the names of the people in the picture. Picture captions, in italics, may be included in the body of your text to help indicate where the picture is placed in the final layout. All text should be supplied as an MS Word document or a simple Text file. Submissions should be typed single-spaced with no formatting other than a single return at the end of paragraphs.

High resolution photos (a minimum of 1200 x 1550 pixels or the Hi setting on your digital camera) should be supplied digitally as JPEG or TIF files in the RGB color space. If you have prints, please have them scanned at 300 dpi to 5 x 7" dimensions.

Russ Moir will act as the "post box" and collect all the material for the Annual. Please make your submissions by emailing text and digital images as attachments to <rlmoir@telus.net> or contact Russ directly if you need to mail or hand-deliver CD/DVDs.